

RESOURCE GUIDE FOR FORMERLY INCARCERATED MOTHERS

SAVANNAH-CHATHAM COUNTY AREA



Motherhood
BEYOND BARS





DEEP CENTER AND MOTHERHOOD BEYOND BARS RESOURCE GUIDE

Deep Center in partnership with Motherhood Beyond Bars has created this guide in order to ensure that formerly incarcerated mothers have adequate access to education, health services, treatment services, and community after incarceration.

This resource guide has been created by Deep Center and Motherhood Beyond Bars and features several community partners or important to note agencies around the coastal empire.

This guide is separated by different categories and offers information in regards to free, sliding scales, and no-cost resources that ranges from housing, health and treatment and community.

For anyone looking for additional resources, we ask that you contact Motherhood Beyond Bars at motherhoodbeyond.org. This agency helps to provide pregnancy education, doula support, reentry and family reunification, and infant support.

COMMUNITY



1

UNITED WAY
UNITEDWAY.ORG
912.651.7700

A volunteer-driven organization that can provide direct services in the Chatham County and surrounding areas. 211 services can be called to access additional help when needed.

2

OFFENDER ALUMNI ASSOCIATION
OFFENDERALUMNIASSOCIATION.ORG
912.484.2145

Peer to peer support, fellowship, resources, acceptance and engagement. OAA meets every other Wednesday at Deliverance Prayer Tower located on 8011 Waters Avenue.

3

NATIONAL ALLIANCE ON MENTAL HEALTH
NAMISAVANNAH.ORG
912.353.7143

NAMI provides support, education, and advocacy for families dealing with mental health illness. The agency offers free support groups for community members who need additional help and community.

4

GEORGIA CENTER FOR OPPORTUNITY
GEORGIAOPPORTUNITY.ORG
770.242.0001

Georgia Center for Opportunity breaks down barriers to ensure that every person is given the opportunity to a sufficient and thriving education. They also help with employment opportunities for formerly incarcerated citizens.

5

MEDIATION CENTER SAVANNAH
MEDIATIONSAVANNAH.COM
912.354.6686

Offering family law resources and youth intervention practices to better address conflict without the involvement of court processes.

6

9 TO 5 ORGANIZATION
9T05.ORG
404.222.0037

Strong safety net programs that support families and move them from poverty to economic security including accessible, affordable and secure child care, health care, and transportation Renter's rights on the state and local level, affordable housing, community control of land, development without displacement, and rights for mobile home owners.

HEALTH SERVICES



1 **MATERNAL MENTAL HEALTH COLLECTIVE** **LISTENTOMOMS.ORG** **CONTACT@LISTENTOMOMS.ORG**

Psychotherapy counseling, postpartum preparation workshops, nurture community support groups in Daffin Park for new moms on Saturdays at noon.

2 **CURTIS V. COOPER** **PRIMARY HEALTH CARE** **CVCPHC.NET** **912.527.1000**

Sliding fee discount facility that services all age groups. The health facility offers same-day appointments, walk-in patients welcome, board certified dentists, health care providers, nursing practice, nurse practitioners, LCSWs, hygienists, and physician assistants.

3 **EMPOWERING MOTHERHOOD** **CONTACT- MARISSA GRACE** **912.207.9274**

Combating and understanding anxiety and nervousness surrounding bonding with baby via utero/after birth. Addressing anxiety and depression through group meetups every Tuesday from 11 a.m. - 12 p.m.

4 **J.C. LEWIS PRIMARY** **HEALTH CARE FACILITY** **JCLEWISHEALTH.ORG** **912.495.8887**

Affordable family planning services, optometry, behavioral health and obstetrics. The center also assists in the enrollment of the Affordable Health Care Act.

5 **PLANNED PARENTHOOD** **PLANNEDPARENTHOOD.ORG** **912.351.0116**

Planned parenthood offers affordable care options for patients in need of abortion options, HIV/Aids testing, birth control, LGBTQ services, pregnancy testing and services, STD testing, treatment, and vaccines and women health care.

6 **(RE)BIRTH** **REBIRTH.HEALTH** **912.662.6191**

Affordable, reliable, alternative medicine clinic that does not use insurance options and allows cash payments. The center offers- STI testing, fertility consultation, trauma and postpartum healing, hormones/neurotransmitters education, women's health, and pregnancy information.

7 **ST. MARY'S** **HEALTH CENTER** **SJCHS.ORG** **912.443.9409**

Free primary care medical home staffed medical practitioners. The center offers free and reduced medical speciality care for cancer screening and chronic diseases.

TREATMENT SERVICES



1

RECOVERY PLACE
RECOVERYPLACE.ORG
912.494.2038

Substance abuse treatment, detoxification services, 28-day residential programs, intensive outpatient rehabilitation, level one outpatient programming, family programming, survivors workshop therapy program, professional resource program, woman services, individual and family counseling, mens services, and professional resource program.

2

SAVANNAH TREATMENT CENTER
NEWSEASON.COM
877.284.7074

Opioid addiction treatment, Medication-Assistance Treatment (MAT), Methadone addiction treatment, Buprenorphine Addiction treatment.

3

SAVANNAH POLICE
BEHAVIORAL UNIT
SAVANNAHPD.ORG/BHU
CONTACT-
APD JULIE CAVANAUGH
912.429.2407
CPL. MARCUS PAIGE
912.667.6603

Savannah Police Behavioral Unit offers crisis intervention to better address opioids and substance abuse problems. Their enhanced crisis intervention team are CIT members who respond to mental health, trauma, substance abuse, homelessness, sex work, and more.

4

SAVANNAH
ALCOHOLIC ANONYMOUS
SAVANNAHAA.COM
912.356.3688

Alcoholic Anonymous is an established organization that provides fellowship for those experiencing substance abuse issues with alcoholism to further support sobriety.

HOUSING



1

**ECONOMIC
OPPORTUNITY
AUTHORITY**
EOASGA.ORG
912.238.2960

EOA Savannah offers a variety of programs that provides housing and homeless services, head start and early start, job training and development, and low income energy assistance.

2

**CHATHAM SAVANNAH
AUTHORITY
FOR THE HOMELESS**
HOMELESSAUTHORITY.ORG
912.790.3400

Provides tiny house development and applications for veterans, street outreach, case management and resources, and supportive housing program.

3

**GEORGIA DEPARTMENT OF
COMMUNITY AFFAIRS**
GEORGIARENTALASSISTANCE.GA.GOV
833.827.7368

Georgia Department of Community Affairs offers assistance to families in need (that qualify) for up to 18 months of utility and rental assistance, paid directly to the landlords and service providers.

4

AUSTIN HOUSE
912.443.9700

Transitional housing for homeless families with children. Specifically for chronically homeless families that have substance abuse problems, victims of domestic violence, HIV positive status, or mental illness.

5

**UNITED WAY OF
THE COASTAL EMPIRE**
UWCE.ORG/CCERA/
912.238.2777

Union Mission offers emergency housing services, mental health counseling, HIV/AIDS support services, and permanent support housing.

6

**REENTRY PARTNERSHIP
HOUSING**
DCA.GA.GOV
RPH@DCA.GOV

Aids in finding housing for those under parole or probation services. RPH provides short-term housing for up to six months.

7

DISMAS CHARITIES INC.
DISMAS.COM
502.636.2033

DISMAS is one of the largest non-profits that offers up to 90 days of housing for formerly incarcerated citizens with federal court cases. They also offer aid in educational services, employment, and support.

8

**FAMILY PROMISE
OF THE COASTAL
EMPIRE**
FAMILYPROMISESAVANNAH.ORG
912.790.9446

Family promise offers homeless assistance and prevention, interfaith hospitality-shelter, food, and case management, day center transportation, transitional housing, and youth services.



"YES, A DARK TIME PASSED OVER THIS
LAND, BUT NOW THERE IS SOMETHING LIKE
LIGHT."

-Dave Eggers 'Zeitoun'

Deep

Visit [Deepcenter.org](https://deepcenter.org) for a digital resource guide.



This guide has been created by Martina Yvette, Deep Center youth community organizer and Jalecia Quartermann, youth community organizer committee member



Deep

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